

BREAKFAST

1. 2 Eggs, Hash Browns, Toast and your choice of Bacon (4), Sausage (2), or Ham.....\$5.99
2. Bagel Breakfast Sandwich: Steak, Egg & Cheese on a toasted bagel.....\$5.25
3. English Muffin Sandwich: Egg, Cheese & Bacon (2), Sausage (1), or Ham (1) on a toasted English Muffin.....\$4.25
4. Grand Central Omelet: 3 Egg Omelet with Mushrooms, Onion, Tomatoes, & Cheese, served with Toast.....\$5.99
Add Bacon, Sausage or Ham\$1.50
Add Steak or Pastrami\$2.00
5. Breakfast Burrito: 2 Eggs, Potatoes & Cheese in a warm Tortilla served hot off the grill.....\$4.99
Add Bacon, Sausage or Ham\$1.50
Add Steak or Pastrami\$2.00
6. **THE BIG BREAKFAST:**
3 Pancakes or 2 French Toasts with 2 eggs, Hash Browns, and choice of Bacon(4) or Sausage (2), or Ham.....\$7.49

Side Items

- Plain Bagel.....\$1.50
- Toasted Bagel with Cream Cheese.....\$2.00
- White or Wheat Toast (2 slices).....\$1.50
- Bacon (4 strips).....\$2.75
- Sausage (2 links).....\$2.75
- English Muffin.....\$1.25
- Hash Browns.....\$1.75
- One Egg.....\$1.50

Beverages

- Coffee (12 oz.).....\$1.25
- Coffee (20 oz.).....\$1.75
- 2.5 Liter Coffee in Air-pot.....\$15.00
- Juice.....\$1.95
- Milk.....\$1.95

BEVERAGES

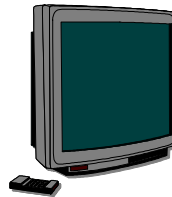
- Bottled Juice...\$2.25 Monster/Rockstar Energy Drink....\$2.75
- Fountain Soft Drinks & Iced Tea.....1.75 16oz, \$2.25 32oz.
- Domestic Beer 12oz. (Bud, Bud Light, Miller Light& Coors Light)....\$1.50
- Import Beer (Samuel Adams, Sierra Nevada, Heineken, Corona).....\$2.25

PARTY PLATTERS AVAILABLE

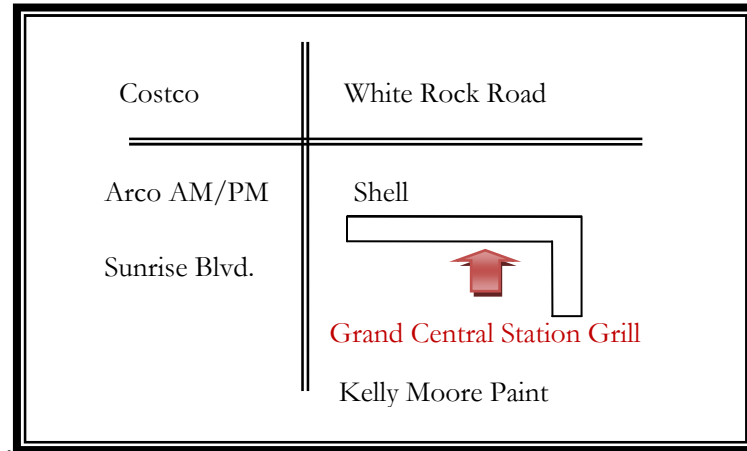
Perfect for Office Parties and Sports Gatherings

4', 5' & 6' Cold Subs & Lip Smackin' Good Chicken Wings

24-48 Hours Notice Please



3 Large TV's



Food Cooked to Order; A Little Patience Please
Prices Subject to Change Without Notice
All Major Credit Cards Accepted

ASK US ABOUT OUR CATERING SPECIALS!



*The East Coast to West Coast
Food People*

**3084 Sunrise Blvd., Ste. #8
Rancho Cordova, CA 95670**

(916) 851-0704

**Monday-Friday 6:30 am - 7:00 pm
Saturday 11:00 am -3:00 pm
Closed Sunday**

Dine In or Take Out

Call in Orders Welcome

COLD SUBMARINE SANDWICHES

	8"	12"
1. B.L.T.	\$5.95	\$8.75
2. Italian Salami	\$6.95	\$8.75
3. Ham	\$6.95	\$8.75
4. Meat Combo (2,3 & 6)	\$7.50	\$9.25
5. Roast Prime Rib of Beef	\$7.50	\$9.25
6. Turkey	\$6.95	\$8.75
7. Tuna Salad Sandwich	\$6.95	\$8.75
8. All-Cheese Combo	\$6.95	\$8.75
9. <u>Grand Central Station Special</u> "The World's Greatest Sandwich" made of Mortadella, Italian Salami, Pastrami, Ham, Turkey, Roast Prime Rib of Beef in BBQ Sauce, American, Swiss, Provolone, & Parmesan Cheeses"	\$9.75	\$11.50
10. <u>Vegetarian</u> Lettuce, Tomato, Onion, Avocado, Green Olives, Pickles, Hot or Mild Peppers & Cream Cheese	\$6.75	\$8.75

All Cold Subs are garnished with Lettuce, Tomato, & Onion all on a French Roll with Submarine Dressing, Mayonnaise, Mustard & Provolone Cheese or Swiss, American, Cheddar, or Monterey Jack Cheese may be substituted

Add Fries, Potato Salad, or Macaroni Salad and Regular Fountain Soda for only \$3.00

Lip Smackin' Good

ChickenWings

Buffalo New York Style

6 Pc.Combo	10 Pc.	15 Pc.	30 Pc.	50 Pc.
\$7.75	\$8.75	\$10.75	\$19.50	\$29.50

Combo Includes Regular Fry & Regular Fountain Soda

Sauces: Medium, Hot, Inferno, Nuclear, Insane, or Hot Sweet

Salt-n-Pepper, BBQ or Teriyaki: Same Price as Above

Sides: Carrots, Celery Sticks, Blue Cheese, or Ranch

Splitting orders or mixing sauces, add \$1.00.

HOT STEAK & CHICKEN SUBS

	8"	12"
11. <u>Philly Cheesesteak</u> Juicy, Thin-Sliced Steak with Onions & American Cheese	\$6.95	\$8.75
12. <u>Rhode Island Special</u> Pastrami Reuben- Grilled Pastrami with Sauerkraut, Thousand Island Dressing & Swiss Cheese	\$7.50	\$9.25
13. <u>Long Island Expressway</u> Juicy Thin-sliced Steak with Mushrooms, Onions, Garlic, Your choice of Hot or Mild Peppers, Provolone Cheese with a New York Hot Sauce	\$7.50	\$9.25
14. <u>Jersey Turnpike</u> Juicy, Thin-sliced Steak and Pastrami with Mushrooms, Onions, Garlic, Pickles, Spicy Mustard, & Swiss Cheese	\$7.50	\$9.25
15. <u>The Boston Bomber</u> Juicy, Thin-sliced Steak and Italian Salami, Mushrooms, Onions, Garlic, & Provolone Cheese	\$7.50	\$9.25
16. <u>The Bronx Bomber</u> Juicy Thin-Sliced Roast Prime Rib of Beef in BBQ Sauce	\$7.25	\$9.00
17. <u>Capitol Combination</u> Juicy, Thin-Sliced Steak with Mushrooms, Onions, Garlic & American Cheese	\$7.25	\$9.00
18. <u>Pacific Railroad</u> Bacon, Lettuce, Tomato, Turkey, Avocado & American Cheese	\$7.50	\$9.25
19. <u>New York City Special</u> Juicy, Thin-Sliced Steak with Mushrooms, Onions & Garlic	\$7.50	\$9.25
20. Teriyaki Steak Juicy Thin-Sliced Steak with Mushrooms, Onions, Garlic, & Swiss Cheese	\$7.50	\$9.25
21. Nacho Steak Tomatoes, Onions, Your choice of Hot or Mild Peppers & Nacho Cheese	\$7.50	\$9.25
22. Hot Pastrami Juicy Thin-Sliced Pastrami with Mustard and Onions	\$7.50	\$9.25
23. French Dip Juicy Thin-sliced Roast Prime Rib of Beef with Au Jus	\$7.50	\$9.25
24. Pizza Steak Mushrooms, Onion, Provolone & Parmesan Cheese with Marinara Sauce	\$7.50	\$9.25
25. Meat Ball Sub Mushrooms, Onion, Provolone & Parmesan Cheese with Marinara Sauce	\$7.50	\$9.25
26. Marinated Chicken Breast Juicy Chicken with Lettuce, Tomato, Onion & Mayonnaise	\$7.95	\$9.75
27. Teriyaki Chicken Breast Juicy Chicken with Mushrooms, Onions & Provolone Cheese	\$7.95	\$9.75
28. Parmesan Chicken Breast Juicy Chicken with Mushrooms, Onions, Provolone & Parmesan Cheese with Marinara Sauce	\$7.95	\$9.75

BURGERS & MORE

29. Hamburger A 1/2 pound patty of 100% Ground Round Steak with yields of 15% fat content, Half the normal content of ground beef. Served with lettuce, tomato, & onions	\$5.95
30. Cheeseburger Your choice of American, Swiss, Provolone, Cheddar or Monterey Jack	\$6.75
31. Create Your Own Burger Choose from Bacon, Grilled Onions, Mushrooms, Garlic, Cheese or Avocado; only .80 cents per item. Add Pastrami or a second patty; only 2.00	\$5.95+
32. Chili Cheeseburger	\$7.25
33. Pizza Burger Served with Grilled Onions, Mushrooms, & Provolone cheese Top with Marinara Sauce	\$7.25
34. Teriyaki Burger Served with Mushrooms, Onions, Swiss Cheese	\$7.25
35. Veggie Burger (5% Fat Content)	\$7.25
36. Italian Sausage Patty Served with Mushrooms, Grilled Onion, Your choice of Hot or Mild Pepper & Provolone cheese, Top with a New York Hot Sauce	\$7.25
37. <u>Albany New York Burger</u> #36 plus Hamburger Patty, Served with Mushrooms, Grilled Onion, Your choice of Hot or Mild Peppers & Provolone cheese, Top with a New York Hot Sauce	\$7.75
38. Hot Dog – 8 inches (1/2 lb. All Beef)	\$4.95
39. <u>Syracuse N.Y. Doggie</u> – 8 inches Hot Dog with Pastrami, Pickle, Onions, Spicy Mustard & Swiss Cheese	\$6.50
40. Hot Link – 8 inches	\$6.50
41. Deep Fried Cod Lettuce, Tomato, Onion, & Tartar Sauce on a 8" Roll	\$6.25
42. Turkey Burger Served with lettuce, tomato, & onions	\$6.95
43. Chicken Strips - 3 pieces	\$5.50
44. Grilled Cheese	\$3.95

Fish n' Chips Plate

Two Cod Fish Fillets served with French Fries and Your choice of Potato or Macaroni Salad, and a Soft Drink.....\$8.50
Extra Fish Fillet \$2.00

SIDE ORDERS & EXTRAS

Garden Salad Lettuce, Tomato, Onion, Mushrooms, Your choice of Hot or Mild Pepper & Cheese	\$5.75
Chef Salad Garden Salad, Served with Turkey, Ham, Salami & Cheese	\$7.25
Grilled Chicken Garden Salad Garden Salad, Top with Grilled Chicken	\$7.25
Tuna Salad Garden Salad, Top with Tuna Salad	\$7.25
Corn Dog (All Turkey)	\$3.95
French Fries	\$2.25
Cheese Fries	\$2.95
Chili Fries	\$2.95
Chili Cheese Fries	\$3.50
Garlic Fries	\$2.95
Curly Fries	\$2.95
Onion Rings	\$3.75
Cheese Sticks	\$3.75
Jalapeno Poppers	\$3.75
Deep Fried Zucchini	\$3.75
Deep Fried Mushrooms	\$3.75
Potato Salad	\$2.35
Macaroni Salad	\$2.35
Potato Chips	\$1.25
Cheese-Slice	\$0.80
Chili - 12 oz.	\$3.25
Nachos (Chips, Nacho Cheese, Chili, Top with Tomatoes, & Jalapenos)	\$5.50
Avocado on Sandwich	\$0.80
Extra Dressing	\$0.50

Salad Dressings Include Blue Cheese, Ranch,

Thousand Island or Italian